



WE EMPOWER CITIZENSHIP
www.MassSTAR.org

Dear MassSTAR Delegate,

Congratulations! Because of the outstanding leadership potential, you have demonstrated through your school and community, you have been selected to represent your school at the 2019 MassSTAR Citizenship Conference.

The MassSTAR Conference will take place Friday, May 31, 2019 – Sunday, June 2, 2019. The event will be held at Lasell College in Newton, MA, with outstanding sophomores from across the state. Excluding transportation to and from the site, the Massachusetts Youth Leadership Foundation will sponsor all of your Conference costs.

During the weekend, you will experience a unique learning opportunity designed to present diverse perspectives and challenge you to think critically about a number of important social issues in your community and our world. The Conference will offer a fun, challenging opportunity to meet other dynamic students and figures from across the Commonwealth in a stimulating environment. What you get out of the Conference will correlate directly with your level of participation in the activities, so we invite you to come prepared to interact!

Enclosed you will find the Conference registration materials and program details. Please ensure that you thoroughly review and complete all of the forms with your parent(s) or guardian. **You must return the following items by May 17th to the email recruitment@massyouthleadership.org** If your materials are going to arrive late or if you have any questions, please contact the Recruitment Directors. Note that your parent or guardian **must sign** all forms as indicated.

- Official Registration Form
- Record of Medical History
- Health Insurance Form
- Travel Itinerary
- Consent & Acknowledgment of Risk Form

Exact times and locations for registration at the conference will be sent out via email and posted on our website in May 2019.

We are delighted to offer you this opportunity and look forward to greeting you personally at the Conference. Please be in touch with us if you have any questions or concerns. It is sure to be an outstanding weekend!

Sincerely,

Keanna Lamont and Abby O'Sullivan
Directors of Recruitment
recruitment@massyouthleadership.org



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Answers to Frequently Asked Questions

WHEN AND WHERE WILL THE CONFERENCE BE HELD?

The conference will be held May 31–June 2, 2019 at Lasell College in Newton, Massachusetts. Conference participants must register between 7:30am and 8:30am on Friday, May 31, 2019. The conference will conclude on Sunday afternoon, June 2, 2019, at approximately 4:30 pm.

WHAT KIND OF PROGRAM IS PLANNED?

During the MassSTAR Citizenship Conference, students will interact with leaders from fields such as business, government, health, the arts, and education through a number of interactive activities addressing aspects of our changing world and the challenges that confront today's citizens and our future leaders. The conference promotes interaction with a diverse array of sophomores from across the state with the aims of empowering citizenship; valuing, motivating, and cultivating student leadership potential; encouraging and assisting students in their quest for self-development and self-identification; and providing through exposure the opportunity to explore and act in community service.

The MassSTAR Citizenship Conference employs highly interactive and experiential learning experiences to fulfill this mission, and throughout the weekend all activities build up stronger, more responsible students and citizens. Conference staff mixes intense but informal workshops, leadership exercises, and participatory panels and speakers to paint a picture to students of how they can become change agents in their communities and world. The content of the weekend's activities is designed to inspire change in students as well as broaden and enhance their perspective on what community is, critically looking not only at global, hard-to-conceptualize issues but also identifying similar problems on the scale of school, city/town, and state.

The conference will conclude on Sunday with a special closing ceremony for students and invited guests.

WHAT DO I DO TO REGISTER?

In order for a student to attend the 2019 MassSTAR Conference, the student must first be registered by his/her school then send in registration materials detailing student information.

To nominate a student, guidance counselors, principals, teachers, advisors, or other school personnel can go to www.MassYouthLeadership.org and click on the Conference tab to register students electronically via an online form. Alternatively, schools can also download a nomination packet at the above website for electronic submission via email.

After schools have nominated a delegate to represent their school, nominated students then fill out the registration packet. The registration packet is also available on the Delegates page at www.MassYouthLeadership.org: schools, students, or parents can fill out the required information, and send materials back to us at the email addresses below.

We urge all schools to nominate their delegates via our online form on our website; however, nomination and registration materials (with appropriate signatures) can be submitted via PDF or by downloading, signing, scanning and emailing registration forms to the email address:

recruitment@massyouthleadership.org

Only students with completed nomination forms and registration forms will be able to attend the conference.

WHAT TRANSPORTATION ARRANGEMENTS HAVE BEEN MADE?

Each participant is responsible for getting to and from Lasell College. Please indicate your travel plans on the Travel Itinerary Form. We believe that no student should feel dissuaded or unable to attend due to a transportation or financial burden: any delegate who requires assistance should feel free to contact the Conference Committee Chairs, Keanna Lamont and Cristian Bedoya directors@massyouthleadership.org and we will be happy to make needed arrangements.

WHO PAYS FOR THE LEADERSHIP CONFERENCE?

The conference is provided free to students, their parents, and their schools through the support of our generous sponsors, dedicated volunteers, supporting businesses, and partner organizations raise all funds needed to facilitate the conference. All expenses for the weekend, except for transportation to and from the conference site, are fully covered by Massachusetts Youth Leadership Foundation and our generous local sponsors, including the General Federation of Women's Clubs, Sodexo Catering Services, and Lasell College.

WHAT ARE THE ACCOMMODATIONS LIKE?

The entire MassSTAR weekend is staffed by qualified adult volunteers who will be available 24 hours a day. Conference activities will be held on the Lasell College campus. Housing will be in the college dorms, and roommate(s) will be assigned at conference registration on Friday morning. Meals will be provided by the College's dining facilities (lunch and dinner on Friday, 3 meals on Saturday, breakfast and lunch on Sunday.) If you have any special dietary or ADA needs, please note them on the enclosed registration forms.

The number to reach delegates during the conference, *IN CASE OF AN EMERGENCY ONLY*, is (617) 243-2269. This phone is the main phone line of Lasell College's Campus Police, which is answered 24 hours a day. All calls and messages will be forwarded to our operations office. Parents are advised that there will be limited time for students to make phone calls to home, although we encourage them to check in with you periodically during the weekend. Additionally, we will provide you with contact numbers for key MassSTAR staffers that you may use if necessary; you will receive this information closer to the actual event.

WHAT IS THE DRESS CODE FOR THE CONFERENCE?

Dress is neat, casual attire throughout the weekend (weather appropriate attire is suggested: shorts of an appropriate length, rainwear, comfortable shoes.) Jeans are acceptable as long as they are not torn. Work out clothing (sweatpants, basketball shorts, yoga pants, leggings, etc.) is not permitted during the weekend. Delegates will be outside and will also spend a good deal of time sitting on the floor. Delegates should wear close-toed shoes throughout the weekend (please, no flip-flops). On Friday, we encourage students to show their school pride by wearing a shirt displaying your school's name or mascot, or by dressing in school colors. Saturday, all delegates will wear the MassSTAR T-shirt provided at check in. Sunday will feature a Parent's Program as well as a closing ceremony, and so delegates are encouraged to wear their favorite outfit for this day. Open-toed shoes are acceptable on Sunday.

IS THERE A PROGRAM FOR THE PARENTS?

The MassSTAR Parents' Program is a special part of the Conference, and this year it will be held on Sunday, June 2, 2019. All parents are invited to attend and find out more about MassSTAR and opportunities for your child's involvement after the conference. Additional information regarding the parents' involvement with the Conference will be sent out by email and posted on our website in May.

IMPORTANT ITEMS TO REMEMBER:

Alarm clock, towels, bathrobe, umbrella, rain gear, comfortable shoes, **sleeping bag or twin size linens, pillows**, blankets, fan (if you expect to need one), soap, and other toiletries

ITEMS TO BE LEFT AT HOME:

Please refrain from bringing MP3 players, laptop computers, footballs, baseballs, other athletic equipment and hand-held games. Should you choose to bring these items we will hold them for you in a secure area for the weekend.

WHAT IF I AM UNABLE TO ATTEND THE CONFERENCE?

If circumstances arise that prevent you from attending the entire conference, we prefer that you give another student from your high school the opportunity to attend the conference in its entirety. Please return these forms to your nominator and follow-up with an email to Recruitment Directors, Keanna Lamont and Abby O'Sullivan (recruitment@massyouthleadership.org) so we may adjust our records accordingly.



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Check List / Cover Sheet

(Please Return with Registration Forms)

Students will only be able to participate in the 2019 MassSTAR Conference when all completed and signed forms have been filled out through PDF and sent to the email address below:

recruitment@massyouthleadership.org

Subject: [student first and last name] Registration Packet

File name: Student First and Last Name

Electronic copies are highly preferred but if this will be an issue please reach out to Keanna Lamont to make other arrangements.

Delegate's Name: _____

Name of High School: _____

ENCLOSED ARE THE FOLLOWING REGISTRATION FORMS:

- _____ Registration Form
- _____ Travel Itinerary (2 pages)
- _____ Record of Medical History (2 pages)
- _____ Health Insurance Form
- _____ Consent and Acknowledgement of Risk Form

Registration Form

Name: _____
(student last name) (first name) (middle initial)

Preferred Gender Pronoun

she/her/hers

he/him/his

they/them/theirs

Other: _____

Address: _____

City: _____ State: _____ Zip code: _____

Home telephone number: _____ Student Cell telephone number: _____

Student Email: _____

Nominating High School: _____

Emergency Contact Information

Parent or guardian name(s): _____

Home Phone (including area code): _____

Work Phone: _____

Cell Phone: _____

Parent Email: _____

Summary of special considerations:

Disabilities: _____

Special dietary needs: _____

Allergies or medical conditions: _____

Medications: _____

Travel Itinerary

Name: _____
(student last name) (first name) (middle initial)

ARRIVAL INFORMATION:

I will arrive at the MassSTAR Conference by:

CAR BUS TRAIN

If arriving by car:

I will be driven by:

Name: _____ Relationship: _____

Telephone number: (home) _____ (cell) _____

I will be driving myself: (keys will be collected at registration for Conference duration)

Car information: (make) _____ (model) _____ (plate number) _____

If arriving by bus/train:

Name of Carrier: _____

Bus/Train number: _____

Arrival Date/Time: _____

I need to be picked up from the above carrier's station/terminal: yes no

DEPARTURE INFORMATION

I will depart the MassSTAR Conference by:

CAR BUS TRAIN

If departing by car:

Information is same as above

I will be driven by:

Name: _____ Relationship: _____

Telephone number: (home) _____ (cell) _____

If departing by bus/train:

Name of Carrier: _____

Bus/Train number: _____

Record of Medical History

STUDENT PERSONAL INFORMATION

(last name)	(first name)	(middle initial)
(gender)	(date of birth)	(place of birth)
(telephone number)	(high school you represent)	
(permanent street address)		
(city)	(state)	(zip code)

EMERGENCY CONTACT INFORMATION

(last name)	(first name)	(relationship to student/participant)
(primary telephone number)	(secondary telephone number)	
(name of family physician)	(physician telephone number)	

PERSONAL MEDICAL HISTORY

Please check off any of the following diseases you have had in the past:

- Bleeding Tendencies
- Chicken Pox
- Diphtheria
- Diabetes
- Epilepsy
- German Measles
- Heart Disease
- Measles
- Mononucleosis
- Mumps
- Polio
- Pneumonia
- Rheumatic Fever
- Tonsillitis

Check the following Conditions you have had or are subject to now:

- Asthma
- Ear Infection
- Hay Fever
- Headache
- Migraine
- Nose Bleed
- Hearing Loss
- Vision Loss
- Upset stomach
- Convulsions
- Dizzy Spells
- Fainting Spells
- Difficulty Sleeping

What treatments or medications (if any) do you require for any of the above conditions?

Are there any past hospitalizations or illnesses we should be aware of?

Please list all allergies (insect stings, plants, foods, etc.):

***Please note if you indicate any allergies you need to bring all proper materials to conference (EpiPen, inhaler, etc.)**

MEDICATION

Please list any medications you have allergic reactions to:

Please list the name of any medication you are taking, the dosage, and the condition that requires you to take the medication:

We will have a registered nurse on site for the duration of the conference. She will have a stock of over-the-counter medications (Tylenol, Advil, Benadryl, etc). Do you consent to dispensation of these medications, if needed? _____ YES _____ NO

IMMUNIZATIONS

Please list the type of illness you have received immunizations for:

Type of Illness:	Approximate Date of Immunization:
Mumps	
Regular Rubella Measles	
Whooping Cough (Pertussis)	
Influenza	
H1N1 Influenza	
Diphtheria	
Smallpox	
Tetanus	
Hepatitis B	
Pneumonia	

GENERAL

If there are any limitations on the amount of physical activity you can engage in, please describe and explain (use additional sheet of paper if necessary).

I certify that the above information is true. In addition, I authorize my son/daughter to self-medicate the medications listed above.

Parent Name: _____

Parent Signature: _____

Student Signature: _____

Date of Signature: _____

Health Insurance Form

1. Name of Conference Participant: _____

2. Health insurance plan name: _____

If possible, please attach a copy of the insurance card.

3. Health insurance plan number: _____

4. Name of Insured/Sponsor: _____

5. Health insurance plan telephone number (including area code): _____

6. Check here if participant is not covered by a health insurance plan: _____

7. First and last name of parent or legal guardian: _____

8. Emergency contact telephone number: _____

Parent Signature: _____

Date of Signatures: _____

Consent & Acknowledgment of Risk Form

Participant's Full Name: _____

Activity: 3-Day MassSTAR Citizenship Conference

Dates: May 31, 2019 - June 2, 2019

Location: Lasell College, 1844 Commonwealth Avenue, Newton, MA 02466

1. IN CONSIDERATION of the right to attend and participate in the Activities described above, the Participant (and, if the Participant is a minor, his or her parent or legal guardian) hereby:
 - a) Agrees to abide by all rules and regulations established by the Massachusetts Youth Leadership Foundation (MassSTAR);
 - b) Authorizes MassSTAR or any of its agents to provide, obtain, or authorize any reasonable incidental and/or emergency medical treatment for the Participant, in the event of the Participant's illness, injury, or incapacity, and hereby accepts the responsibility to pay for such treatment;
 - c) Grants to MassSTAR for any purpose connected with promoting the purposes and goals of MassSTAR, but not for commercial exploitation, the right to use the Participant's name, voice, and likeness in any writings, photographs, films, and recordings of the Participant while he or she is participating in the Activities, and any biographical information submitted by the Participant to MassSTAR, and to use, reproduce, publish, and distribute the same;
 - d) Acknowledges that there is an element of risk involved in any activity involving travel outside of one's own home or community; certifies that the Participant is physically, mentally, and emotionally capable of attending and participating in the activities; assumes all risk of and financial responsibility for any loss or injury to the Participant or others that may occur as a result of the Participant's negligence or misconduct; and indemnifies and holds MassSTAR harmless from and against any and all costs, claims, demands, charges, liabilities, obligations, judgments, executions, costs of the suit and actual attorneys' fees incurred or suffered by MassSTAR as a result of, or arising out of, the Participant's negligence or misconduct;
2. This Consent and Acknowledgment of Risk shall not be amended, supplemented, or abrogated without the written consent of Massachusetts Youth Leadership Foundation's Board of Directors.

The Participant (and, if the participant is a minor, his or her parent or legal guardian) has read this Consent and Acknowledgment of Risk, and understands and agrees to its contents.

Student Signature: _____

Date of Signature: _____

IF PARTICIPANT IS A MINOR, THE SIGNATURE OF HIS/HER PARENT OR LEGAL GUARDIAN IS REQUIRED.

Parent/Guardian Signature: _____

Date of Signature: _____